

Behavioral Health Board Minutes
San Luis Obispo County
March 19, 2014
2:00 – 5:00 p.m.
Annex Building, 2180 Johnson Ave
San Luis Obispo, CA 93401

MEMBERS PRESENT:

Aurora William
Maryanne Zarycka
Theresa Scott
David Riester
Clint Weirick
Tyler Brown
Jill Heuer
Vicki Shelby (Supr. Mecham)
Karl Hansen

GUESTS:

Marshall Hamilton
Derek Bishop (PAAT)
Joe Madsen (TMHA)
Martin Meltz (Comm. Volunteer)
Jim Roberts (FCNI)

MEMBERS AND ALTERNATES ABSENT:

Jim Salio
Pam Crabaugh
Linda Connolly

Joyce Heddleson
Kelly Kenitz (for Sheriff Parkinson)
Jason Reed

BEHAVIORAL HEALTH STAFF PRESENT:

Anne Robin
Frank Warren
Laura Zarate

Meeting was called to order @ 3:00 pm by David Riester.

1. Introductions and Announcements:

- Welcomed Maryanne Zarycka as a new member to the Behavioral Health Board.
- Round-table introduction.
- Miracle Miles for Kids 10-K RunWalk from Morro Rock to the Cayucos Pier on Saturday, April 19, 2014. Proceeds benefit the Family Care Network Agency.
- April 4, 2014- Community Counseling Center and NAMI are sponsoring a show at the Fremont Theater. The film is called “Frankie and Alice” and stars Halle Berry. It is the story of a woman with Dissociative Identity disorder.
- The Latino Outreach Counsel is sponsoring the next DA Candidates Debate at County Board of Supervisor Chambers on March 26, 2014 at 5:30pm.

2. Citizen Comments: Citizens were invited to make comments relevant to Behavioral Health issues.

- Martin Meltz- Presented a formal document that was approved by the Supportive Services Committee of the Homeless Services with recommendations on discharge planning and practices. It has been submitted to the Board of Supervisors. People are released from hospitals and jails into homelessness. I believe we need to work on this to deal with homelessness.
- Anne Robin- The County just released an RFP for organizations to apply for funds to provide case management services to 50 triple diagnosed (Physical, Mental, Drug/Alcohol)

individuals.. Agencies may already have written suggestions and documentation that they can use in response.

Martin Meltz- In relation to Housing, the Community Housing Committee presented several recommendations to the Homeless Services Advisory Committee (HSOC) which would alter the housing elements of different jurisdictions and allow for development of more extremely low income housing units. Will e-mail a document to David Riester. \$.

Action Items:

The minutes of the BHB meeting of 1-15-14 were reviewed and approved. M/S/C:

Heuer/Brown

The minutes of the meeting of 2-19-14 were reviewed and approved.

M/S/C:Scott/Brown

5. Executive Committee Report Brown Act—To assure compliance with the Ralph Brown Open Meetings Act, the BHB

Will adopt

- protocols established by the Drug and alcohol Advisory Board, including the audio recording of BHB meetings.
- Suggestion: Could business cards be printed for the members of the BHB.? Laura Zarate will contact Board Members for card information prior to ordering.

6. Member Issues:

- **Alternates:** Jim Salio, Chief Probation Officer, will be invited to appoint an alternate to attend BHB meetings when he is unable to do so. While Sheriff Parkinson's, alternate is Kelly Kenitz other deputies have attended when she could not..
- **Resignations:** Suggestion was made to create a recognition letter for departing board members of their contribution to the BHB.
- **New Board Candidate for Approval**
- **Jill Heuer:** The Membership Committee met with Marshall Hamilton. A retired psychologist residing in Cambria, Dr. Hamilton is an excellent candidate for the Board. Motion to send to the Board of Supervisors our recommendation that they appoint Marshall Hamilton to this Board was made by Jill. M/S/C: Heuer/Hansen
- **Attendance Concerns:** The By-Laws permit no more than 3 absences a year and no more than 2 in a row. By-laws permit excused absences. Please notify David Riester or Laura Zarate when circumstances prohibit attendance.
- **Board Committees:** David Riester, Jim Salio, Kelly Kenitz, Aurora William and Maryanne Zarycka still need to commit to a Committee. Frank Warren reviewed the plan for Committees to meet three times during the year. Youth Services Committee: April, July and October. Adult Committee: May, August, November. Prevention Committee: June, September and January. Quality Support Committee: July, October, and February. Drug and Alcohol Services Committee: August, November and March. Once we send out these dates to members, you are not limited to attend only the one you signed up for, feel free to attend as many as you'll like. Division managers will be in touch with their committee members. The Chair of each committee will be elected at the first meeting and will be responsible for reporting.

7. New Business:

Should the chairperson be authorized to send support letters for grants sought by the BHD without formal board approval when time is of the essence?

We recently had to write a letter of support for a SAMHSA grant. Motion made to authorize the Chair to write Letters of Support for Grants when the need to do so arises between Board meetings. and we can't secure full Board approval

M/S/C; Weirick/Brown

8. Annual Report:

It has been two years since an Annual Report was presented to the Board of Supervisors.

Filing an Annual Report with the Board of Supervisors is a statutory requirement. The Executive Committee will meet with Anne Robin to review possible content for an Annual Report for BHB review in April.

9. Director's Report: Anne Robin, Director

- **Last week, Ms. Robin attended the CMHDA Policy Forum in Sacramento which focused on Substance Abuse and Mental Health issues in the Criminal Justice population. Great presentations and ideas included "Best Practices for Jail Release". Anne is in the process of doing some analysis of jail utilization of individuals found incompetent to stand trial due to their mental illness. Will be looking at discharges.**
- **While there Ms. Robin attended other meetings as well. The California Mental Health Directors Association is putting together informational brochures for State-Wide use to demonstrate what Public Mental Health Services are about. Also, the Mental Health Services Authority did a presentation to the Cultural Competence Equity and Social Justice Committee on some state-wide programs, specifically around the new Sana Mente Elements which is the Spanish version of Each Mind Matters. You may find short clips in Spanish and English on various stories on how people have been helped by Mental Health. If you ever need to use these at a presentation they are great and may be found at the County web site.**
- **May 13th is Mental Health Matters Day and there will be a number of events at the Capitol from 10:30am-12:30pm. That evening, there will be presentations of the Directing Change Videos. SLO County had the winning high school for this region last year for production of a video on Reducing Stigma and Suicide Prevention. There are over 430 entries this year and Anne Robin will be a Judge. Contact Anne if you are interested in attending Mental Health Matters Day activities in Sacramento.**
- **Psychiatric Salary: Thank you very much for your support and to the members of The Board of Supervisors who did approve about a 20% increase in Psychiatrist salaries for the County. Dr. Ilano and Anne Robin are already planning their new recruitment efforts. Currently they have several applicants who hopefully will come on board.**
- **Tele-psychiatry: Anne met with Dr. Ilano and Leslie Axtell from IT Support Group. The actual equipment to start one Tele-health component is under \$1500. There's a \$300/mo. licensing fee. Total cost is minimal. Dr. Kevin Quick will provide Tele-psychiatry services probably in Atascadero for kids one day per week starting in June and that will be our pilot program. Providing tele-psychiatry to jail inmates is under consideration.**
- **Medicare: Our doctors bill Medicare but patient needs to meet our medical necessity criteria. If clients are not being served it is because they don't meet medical necessity. Medicare covers tele-psychiatry as well. Whatever Medicare doesn't cover, we bill to Medi-Cal.**
- **Co-Occurring: About 80% of our clients are dual diagnosed. We offer MH assessments to determine how functional client is. You may refer them to call the 800 number. If they walk in the door, they may be given an appointment to come back for a full assessment. For DAS, we cannot do an assessment if person is under the influence but will make sure that person is at a safe spot.**
- **California Health Facilities financing Authority (CHFFA) Grant: Keep getting emails asking for clarification and we will respond to those. Frank Warren is the contact person. The Grant will establish a Mobile Crisis Stabilization Unit with an expansion of our Mobile Crisis Services to include additional vehicle and crisis personnel support.**
- **Affordable Care Act : Anne Robin reviewed power point presentation explaining the Affordable Care Act, Target Population, Medical Necessity and Specialty Mental Health Services. To receive any of these services, please contact SLO Mental Health at 800-838-1381.**

- Theresa Scott provided the Board with a Quick Reference Guide on referrals to Mental Health Services for CenCal Health Medi-Cal Members. Patients with Mild/Moderate Conditions are referred to The Holman Group. Patients who meet medical necessity for Severe Conditions or EPSDT criteria for Medi-Cal Specialty Mental health Services will receive services from County Mental Health. When referring to Holman Group, we are making sure we do a warm hand-off as we transfer. Theresa Scott also talked about the Medi-Cal Expansion progress for SLO and SB Counties. There were 1400 in January that were enrolled and out of that there were 500 in Santa Barbara and 900 in San Luis Obispo County. SLO County is doing very well. There were about 3300 enrolled in February, 1350 in Santa Barbara and 1950 in SLO County, again doing very well. We will be potentially enrolling 6500 clients into the Cal-Fresh program which provides food to people in need. Anybody in this program will automatically be enrolled into the Medi-Cal program in both Counties.
- Drug Medi-Cal Update: A screening for Alcohol which can be extended to Drug issues at the Primary Care level is the only thing being covered for that Mild to Moderate level of Drug Services. We continue to work with the State on our Drug Medi-Cal applications. While we continue to provide the services we have not received any reimbursement yet, but we are promised we will by a certain date. We are also slowly building capacity around Drug and Alcohol Services. AB 109 has provided services to folks who have come in through our Public Safety Realignment. We have written Budget Augmentation Requests to ask for additional staff to be folded in over time to meet the needs of population.

10. Adjournment: Meeting was adjourned at 5:00p.m.

The next Behavioral Health Board meeting will be Wednesday, April 16, 2014, 3:00pm – 5:00pm in the Annex Conference Room, (the brick building behind the Health Campus.)

Laura Zarate